

## Listening and Responding

**We all like to think of ourselves as good listeners, but do you want to do more to develop your listening skills, so that you can better support people affected by cancer?**

This **free** workshop will help you to identify the differences between listening and other helping strategies such as providing information and advice as well as developing and practising your listening and responding skills in a supportive environment.

### **Who is it for?**

People who are interested in or are currently involved in supporting people affected by cancer.

### **How long is it?**

1-day workshop

### **What will I get out of it?**

An opportunity to build on your existing skills and develop appropriate and constructive ways of listening and responding to people through active practice.

### **How do I find out more?**

For more information about how to get involved, please contact [learning@macmillan.org.uk](mailto:learning@macmillan.org.uk) . Your enquiry will be forwarded to your local Learning and Development team for their attention.

[www.macmillan.org.uk/learnzone](http://www.macmillan.org.uk/learnzone)

Macmillan Cancer Support, registered charity in England and Wales (261017), Scotland (SC039907) and the Isle of Man (604).