

## Cancer and Relationships

**No man is an island – cancer not only affects the individual, but also has a massive impact on those around them.**

This **free** workshop will help you to explore the effect that cancer has had on your relationships and to develop to change and improve your relationships.

### **Who is it for?**

People who have had a diagnosis of cancer and carers who have found that their relationships have changed during or after treatment.

### **How long is it?**

1-day workshop

### **What will I get out of it?**

Greater understanding of the ways in which cancer can change the way people relate to others and the opportunity to work out what is needed to improve communication so improving the intimacy given and received from your significant relationships.

### **How do I find out more?**

For more information about how to get involved, please contact [learning@macmillan.org.uk](mailto:learning@macmillan.org.uk) . Your enquiry will be forwarded to your local Learning and Development team for their attention.

[www.macmillan.org.uk/learnzone](http://www.macmillan.org.uk/learnzone)

Macmillan Cancer Support, registered charity in England and Wales (261017), Scotland (SC039907) and the Isle of Man (604).