

## Buddying and Befriending

**Do you, or would you like to, offer buddying or befriending to someone who is living with cancer? Are you planning to set up a service, or already running one, and want to ensure good practice?**

This **free** workshop will give you an overview of what's involved in buddying and befriending so that you are able to understand the role of a buddy/befriender, establish best standards of practice and be able to manage the emotional demands of the role.

### **Who is it for?**

People who are interested in the buddy/befriender role and people setting up buddying and befriending services or those already part of existing buddying/befriending services who are interested in reviewing their practice.

### **How long is it?**

**2-day** workshop

### **What will I get out of it?**

Greater understanding of what the buddy/befriender role entails and what constitutes best standards of practice.

### **How do I find out more?**

For more information about how to get involved, please contact [learning@macmillan.org.uk](mailto:learning@macmillan.org.uk) . Your enquiry will be forwarded to your local Learning and Development team for their attention.

[www.macmillan.org.uk/learnzone](http://www.macmillan.org.uk/learnzone)

Macmillan Cancer Support, registered charity in England and Wales (261017), Scotland (SC039907) and the Isle of Man (604).