

## Body Image, Sexuality and Cancer

**When someone has cancer, it can have a huge impact on their sense of self, particularly on their body image and sexuality.**

This **free** workshop gives you the opportunity to explore issues and feelings around identity and discuss the effects of serious illness on body image and sexuality.

This workshop is carried out in a supportive environment. You are invited to share your own ideas and experiences but will not be asked to disclose anything that you don't want to.

### **Who is it for?**

People who have had a diagnosis of cancer.

### **How long is it?**

1-day workshop

### **What will I get out of it?**

The opportunity to acknowledge how cancer may have affected your sense of self, body image and sexuality and knowledge of ways to address the issues that have arisen.

### **How do I find out more?**

For more information about how to get involved, please contact [learning@macmillan.org.uk](mailto:learning@macmillan.org.uk) . Your enquiry will be forwarded to your local Learning and Development team for their attention.

[www.macmillan.org.uk/learnzone](http://www.macmillan.org.uk/learnzone)

Macmillan Cancer Support, registered charity in England and Wales (261017), Scotland (SC039907) and the Isle of Man (604).