

Supporting Others Through Loss, Dying and Bereavement

Do you support people affected by cancer through loss and bereavement?

This **free** workshop will help you to develop your understanding of the feelings associated with loss and how people deal with these by examining your own experiences as well as the impact that spiritual or childhood beliefs may have upon your supportive role.

You will need to be prepared to explore and share your own experiences to participate in this workshop.

Who is it for?

People who are interested in or are currently involved in supporting people affected by cancer through loss and bereavement.

How long is it?

2-day workshop

What will I get out of it?

Acknowledgement of the impact of significant losses in your own life and knowledge of the stages of grief and the strategies employed to cope with loss.

How do I find out more?

www.macmillan.org.uk/learnzone

Macmillan Cancer Support, registered charity in England and Wales (261017), Scotland (SC039907) and the Isle of Man (604).

For more information about how to get involved, please contact learning@macmillan.org.uk . Your enquiry will be forwarded to your local Learning and Development team for their attention.

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